



INFUSED JOYA® APPLE WATER

Makes about 1 litre



INGREDIENTS:

- crushed ice
- 2 JOYA® Apples in the skin, cut into thin wedges
- handful mint leaves
- ¼ cucumber, cut into ribbons with a vegetable peeler
- handful basil leaves
- zest of 1 large lemon or 1 lemon, halved and thinly sliced
- 1 litre (4 cups) cold water

METHOD:

1. Place crushed ice in 2 x 500 ml bottles or a 1 litre glass jug. Add apple wedges, mint, cucumber, basil and lemon zest or slices.
2. Top up with water and more ice and allow to infuse for 15-20 minutes. Enjoy as a refreshing thirst quencher.

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**FIRM
SWEET
CRUNCHY
APPLE**

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