

GOURMET CHICKEN SANDWICH WITH JOYA® APPLES

To make 4 sandwiches



Created by:



INGREDIENTS:

- 2 skinless and boneless chicken breasts
 - Marinade:
- 2 cloves garlic, bashed
- 2cm fresh ginger, chopped into large pieces
- 2 tbsp olive oil
- 2 tbsp lime juice
- a pinch of chili flakes (optional)

METHOD:

- 1. Slice the chicken breasts in to strips and place in a bowl
- 2. Mix all the marinade ingredients and pour over the chicken
- 3. Mix the chicken with the marinade, cover and let it stand for at least an hour in the fridge and remove from the fridge 15 minutes before cooking
- 4. Mix the labneh and harissa and set aside
- 5. Thinly slice the JOYA® apples and sprinkle with lemon juice to avoid discolouration
- 6. Thinly slice the cucumber
- 7. Spread each slice of bread with the labneh mixture
- 8. Place the apple slices on 4 slices and the cucumber slices on the other 4 slices and gently press down on to the labneh
- 9. Heat a bit of oil in a large pan over a medium high heat, remove the chicken from the marinade and fry the chicken slices for a few minutes on each side until cooked through
- 10. Place the chicken on 4 slices of bread and close the sandwich with the other 4 slices
- 11. Slice in half and serve immediately



Other ingredients:

- 8 slices fresh bread of your choice (ciabatta or sourdough are good options)
- 150ml labneh [http://heinstirred.com/labneh/]
- 30ml harissa paste
- 2 JOYA® apples
- 1 medium cucumber